



## Dr. Joshua Alpert Pre-Operative Surgery Instructions

**All surgeries should be scheduled with Dr. Alpert's assistant  
Nikki Petty at 224.293.1170.**

Within 30 days of surgery date:

- Patients may require medical clearance from their primary care physician, ensuring that you are in adequate health to undergo surgery.
- If our office has indicated clearance is required, please make an appointment for a pre-operative office visit directly with your primary care physician. A history, physical examination, and lab work will be done at this time.
- Please keep in mind that it may take several days to get lab results, so please schedule accordingly to avoid delays that may force a cancellation of surgery.
- In most instances, a chest x-ray and an electrocardiogram (EKG) will also need to take place in the days prior to surgery.

The day before surgery:

- The Surgical Day Care Unit or surgery center will call you to confirm the time of your surgery. Please plan to be at the surgical facility at least 1-2 hours before your surgical start time.
- Please do not eat or drink anything after midnight the day prior to your surgery.
- Please do not eat or drink anything the day of your surgery.

If you have questions or need clarification about any of these instructions,  
please contact Nikki Petty at 224.293.1170.

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